Introduction to Mathematical Models of Infectious Disease in Livestock

Introduction to mathematical modelling Andrea Doeschl-Wilson*, Masoud Ghaderi Zefreh

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Purpose of this lecture

- Get some understanding what mathematical models are & what they can / cannot do
- Get acquainted with different types of mathematical models
- Learn the basic principles for building, analysing, testing and using mathematical models

What is a mathematical model?

Model (Definition):

- A representation of a system that allows for investigation of the properties of the system and, in some cases, prediction of future outcomes.
- Always requires simplification

Mathematical model:

- Uses mathematical equations to describe a system
- $\operatorname{N}_{\operatorname{var}(\sum_{m=1}^{p} f_{m})} = \operatorname{E}_{p}\left(\operatorname{var}(\sum_{m=1}^{p} f_{m} \mid p)\right) + \operatorname{var}_{p}\left(\operatorname{E}(\sum_{m=1}^{p} f_{m} \mid p)\right)$

= $E(p)var(f) + E^2(f)var(p)$ = $\overline{p}\sigma_f^2 + \overline{f}^2\sigma_p^2$.





Why do we need models?

- Models provide a framework for conceptualizing our ideas about the behaviour of a particular system
- Models allow us to find structure in complex systems and to investigate how different factors interact
- Models can play an important role in informing policies:
 - By providing understanding of underlying causes for a complex phenomenon
 - By predicting the future
 - By predicting the impact of interventions

Why mathematics?

Mathematics is the alphabet in which God has written the universe

Galileo, Italian astronomer, mathematician and philosopher (1564 - 1642)

- Mathematics is a precise language
 - Forces us to formulate concrete ideas and assumptions in an unambiguous way
- Mathematics is a concise language
 - One equation says more than 1000 words
- Mathematics is a universal language
 - Same mathematical techniques can be applied over a range of scales
- Mathematics is an old but still trendy language
 - The rich toolbox created by mathematicians over centuries is available at our disposal
- Mathematics is the language that computers understand best

Mathematical models synthesize results from many experiments

- Experimental studies concentrate on specific aspects of a system
 - Fragmented understanding of the system



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- Experimental studies concentrate on specific aspects of a system
- Fragmented understanding of the system
- Often hard to infer how the system functions as a whole



Mathematical models can unravel the unobservable

Often the traits that we can measure are not the most informative traits



From: The little Prince

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Mathematical models are not bound by physical constraints

- Powerful tool to explore 'what if scenarios'
- Extremely useful in the context of infectious disease where experimental constraints are strong



What do we use mathematical models for?

- Combine fragmented information into a comprehensive framework (e.g. combine results from in-vitro and in-vivo experiments)
- Determine the relationship between underlying biological traits and observable traits
- Test hypotheses that are difficult to test in empirical studies
- Make predictions & generate new hypotheses for future testing
- Assist with decision making by exploring 'what if' scenarios

Limitations of mathematical models



1. Lack of quantifiable knowledge

- Models that encompass mechanisms (e.g. infection process) require quantitative understanding of these mechanisms in order to make reliable predictions
- 2. Lack of available data / methods for estimating model parameters
 - E.g. how to estimate e.g. individual susceptibility & infectivity?
 - Much improvement to be expected over the next years due to recent advances in statistical inference and data explosion
- 3. Inherent stochasticity of the biological system
 - Infection is a stochastic process
 - It is impossible to make accurate predictions for infection spread on the individual level

Classification of mathematical models

- There are many different types of mathematical models
- Classifying them into broad categories can tell you much about their purpose & scope and often require different mathematical techniques
- Typical distinctions:
 - Empirical vs mechanistic
 - Deterministic vs. stochastic
 - Systems vs molecular model
 - Static vs dynamic
 - Linear vs non-linear
 - Discrete vs. continuous

All mathematical models are composed of variables and a mathematical representation of the relationship between them



Empirical vs mechanistic models

Empirical Models (also called Statistical Models):

- Data driven modelling approach
- Starting point: data obtained from empirical studies
- Aim: to determine patterns & relationships between data (model variables)
- Require no prior knowledge of the underlying biology

Mechanistic Models (also called Process Based Models):

- Hypothesis driven modelling approach
- Starting point: specific phenomena of interest observed from data
- Aim: to provide understanding for underlying mechanisms of this phenomenon
- Require prior understanding of system
- Data are used to parameterise / validate the model

Deterministic vs stochastic models

Deterministic models

- Assume that the outcome is precisely determined by the model inputs and relationships
- Ignore all random variation
- A given input always produces the same output

Stochastic models

- Incorporate inherent randomness
- Use a range of values for the model variables in form of probability distributions
- The same input produces an ensemble of outputs

Hybrid models

- include stochasticity on one scale (e.g. population)
- assume underlying deterministic processes (e.g. for individual)

We use both types of approaches for modelling epidemics

Classification according to the scale of modelling

- National
- Herd
- Individual
- Organ
- Cell
- Molecules
- Genes







Mechanistic models often combine 2 or more adjacent levels of the hierarchy **Systems models combine several**

levels of the hierarchy

The appropriate scale for modelling depends on the model objectives

What is a simulation model?

- Simulation models are not specific types of mathematical models
- The term 'simulation model' refers to the process of implementing mathematical model, i.e. via computer simulations
- Simulation models usually simulate the process of data generation assuming the model was true
 - E.g. simulate an epidemic or the within host infection process
 - Simulate an experiment



Stage 1: Building models

1. Define the model objectives

• Be clear about what you want your model to do

2. Determine the appropriate level & key model components

- What level of simplification is required?
- Apply the **principle of Ockham's razor** (also known as the law of parsimony):







Stage 1: Building models (cont.)

3. Define your assumptions

- Assumptions reflect our beliefs how the system operates
- Remember: the model results are only as valid as the assumptions!
- Different assumptions can lead to fundamental differences:



Isaac Newton: founder of classical mechanics





Albert Einstein: Founder of relativity theory



Example: A common assumption in population studies

"A population grows at a rate that is proportional to its size"

• Embedded in the deterministic model : $\frac{dp}{dt} = ap$,

where p(t) is the population size at time t and a is a constant.

- The solution of this model is $p(t) = p(0)e^{at}$, i.e. population grows exponentially
- The model incorporates a number of other important assumptions:

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- The solution of this model is $p(t) = p(0)e^{at}$, i.e. population grows exponentially
- The model incorporates a number of other important assumptions:
 - 1. There is no limiting factor that prevents the population to grow forever
 - 2. Growth is a continuous process
 - 3. Population can grow with one individual
 - 4. Growth follows a deterministic law
 - Alternative stochastic approach: model birth and death events
- If any of these assumptions don't hold, the model is wrong!

4. Produce a flow diagram



- Visual tool for formulating our beliefs and assumptions
- Describe the model components (variables) and their relationship
- Extremely important for complex models with many components and relationships
- You will see many of these in this course





5. Write model equations

How to find the appropriate mathematical equations?

• Depends on the modelling approach:

- Statistical models are often represented by a single linear or non-linear function
- Deterministic mechanistic models of dynamical systems are usually represented by systems of differential equations
- Stochastic models require expressions for the probability of events

Start with equations from the literature

- You are likely not the first one to model a specific system. Start by exploring and modifying existing models
- Explore your own data
 - see e.g. 'Woods model' in within-host infection dynamics lecture

Stage 2: Generate model predictions & analyse

There are 2 ways of solving the model equations for given parameter values

- 1. Analytically (using mathematical principles)
- Ideal, provides **exact** solutions and hence a full insight of the model behaviour
- But usually only possible for very simple systems (e.g. one equation or system of linear equations)
- 2. Numerically (using computers)
- Applies to most mathematical models
- Requires the use of numerical algorithms implemented in computational routines (e.g. Euler method, Runge-Kutta, Monte-Carlo)
- Provides **approximate** solutions
- Use established code, avoid writing your own numerical solver!!!



 $\frac{dp}{dt} = ap \to p(t) = p_0 e^{at}$





Specifying appropriate model inputs & outputs



 Modeller's dilemma: lack of physical constraints in the modelling world implies that one can generate A LOT of data.

How to go about it in a systematic way?

- 1. Specify realistic value ranges for the model input parameters
- 2. Focus on relevant scenarios if the model involves simulations
- 3. Generate relevant outputs & summary statistics



Choosing relevant model scenarios & outputs



Criteria for choosing model scenarios:

- Realistic scenarios, to achieve your research objective
- Extreme scenarios, to determine the limitations of the model



Estimating model input parameter values



- Good estimates of the model input parameters are essential for models with predictive power
 - Apply principle of Ockham's razor: favour the model with fewer parameters
- 2 sources for determining appropriate parameter values:
 - 1. Use values reported in the literature
 - 2. Fit your model to existing data (statistical inference)
 - Note that it is often not possible to infer a unique value (with confidence interval) for each model parameter from given data
 - There are many different approaches of statistical inference; the right approach depends on both the type of model & the data

Produce meaningful model outputs



- Models produce predictions for every variable over time
 - Model variables are not always measurable \rightarrow comparison to data difficult
- Produce also model outputs that can be directly compared to data
 - essential for model validation
 - Apply similar statistical analysis as for experimental data (frequency distributions, means, variance etc.)
- Assess relationships between observable and underlying biological traits
 - useful for gaining new insights



Analysing the model



- The aim is to obtain a thorough understanding what your model can / cannot do
- Comprises both qualitative & quantitative analysis:
 - What types of response patterns does the model generate?
 - How realistic are these?
 - What mechanisms / parameter values produce the diverse patterns?
 - Which inputs correspond to which outputs?
 - How sensitive are the model output to changes in the input parameter values?
 - How stable are the model predictions to small changes in starting values / assumptions?
- Very elaborate step and often results in rebuilding the model

Analysis techniques: Distinguish between short- and long-term behaviour

1. Asymptotic behaviour

- Does the system eventually settle to a steady state?
 - E.g. will the infection eventually clear or persist?
- How many steady states (long-term outcomes) are there?
- Under what conditions will a particular steady state be reached
- Use mathematical stability analysis, bifurcation theory
- 2. Initial phase behaviour
- E.g. will the infection kick off after introduction of 1 infectious agent?
- How does the initial behaviour depend on the starting point?







Analysis techniques: Sensitivity analysis & Uncertainty analysis



- Uncertainty analysis: assess variability in model outputs that arise from uncertainty in model inputs
 - How confident are we about the model predictions?
- Sensitivity analysis: quantifies the influence of each parameter or modelled process on the model outputs
 - How sensitive are the model predictions to changes in the input parameter values or modelled processes?



Sensitivity analysis & Uncertainty analysis cont.

- Essential components of model analysis, especially when parameter values are unknown
- Complex tasks, given that there are usually complex interactions between parameter values
- Typical approaches:
 - Change one / few parameters at a time, keeping the others fixed
 - Adopt partial factorial designs, e.g. Latin Hypercube Sampling

Stage 3: Validating the model



- Ideally (but not necessarily!) involves comparison of model predictions to experimental data
- Important to use independent data to those used for parameter estimation
 - If independent data don't exist, split your data into training and validation set
- Useful summary statistics for comparing model predictions (P_i) to observations (O_i):

 $Bias (B) = \frac{1}{n} \sum_{i=1}^{n} (P_i - O_i)$ Standard deviation (SD) = $\sqrt{\frac{1}{n} \sum_{i=1}^{n} (P_i - O_i - B)^2}$ Prediction mean square error (MSE) = $\frac{1}{n} \sum_{i=1}^{n} (P_i - O_i)^2$

What if model predictions are different to the observations?



Identify potential reasons for imperfect predictions:

- 1. Natural variability in the real system and environment
 - Equates to experimental measurement errors
 - Obtain confidence intervals directly from the data; if model predictions fall within these limits, don't worry
- 2. Mis-specifications in the model
 - Wrong parameter values \rightarrow extend parameter range, use fitting algorithms
 - Errors in the choice of model equations
 - Restrict the scope of the model or look for better equations and start again
- 3. Effects of factors ignored in the model
 - Increase model complexity and start again

Comparing alternative models



Independent models:

- Subjective choice: no objective model selection criterion available
- Balance between generality, flexibility, predictive ability, computing requirements

Related (e.g. nested) models:

- For models with likelihood (L), k parameters and n available independent data points, use information criteria (IC) such as
 - AIC (Akaike IC): -2log(L) + 2k; defined for nested models
 - BIC (Bayesian IC): 2log(L) + k log(n); penalizes models with more parameters

Stage 4: Applying the model



- Mathematical models can be a valuable decision support tool
 - For risk assessment particularly important in infectious disease context
 - To predict consequences of various (disease) control strategies
- It requires trust that the model predictions are valid
 - It is crucial to keep the purpose of the model and the end user of the model in mind at all modelling stages
 - The user should have a thorough understanding of the model assumptions, model predictions (with uncertainty estimates) and limitations



Everything should be made as simple as possible, but not simpler. Albert Einstein

What is a good model?

Key attributes of a good model:

- 1. Fit for purpose
 - As simple as possible, but sufficiently complex to adequately represent the real system without obstructing understanding
 - Appropriate balance between accuracy, transparency and flexibility

There is "no free lunch".

2. For predictive models: Parameterisable from available data

Keep in mind that no model is perfect!

All models are wrong but some are useful



George E.P. Box

Further reading

- Otto, Sarah P., and Troy Day. A *biologist's guide to mathematical modeling in ecology and evolution*. Vol. 13. Princeton University Press, 2007.
 - A nice introduction to mathematical modelling with plenty of applications from ecology and evolutionary systems.
- Renshaw, Eric. *Modelling biological populations in space and time*. Vol. 11. Cambridge University Press, 1993.
 - A good and not too mathematical introduction to deterministic and stochastic models of biological systems.
- Cross, Mark, and Alfredo O. Moscardini. *Learning the art of mathematical modelling*. John Wiley & Sons, Inc., 1985.
 - A readable, non-technical book on how to start modelling and how to teach others.